

Sg2 Service Kit

Primary Hip and Knee Replacement

Care Pathway Redesign

February 2011



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Welcome to the Sg2 Service Kit

Primary Hip and Knee Replacement Care Pathway Redesign

While an ageing demographic will fuel 18% growth in primary hip and knee replacements this coming decade, Sg2 forecasts that the financial levers of the 2001-12 best practice tariff (BPT) will help incentivise and accelerate care pathway advances—reducing related inpatient bed days by 13% over the same period. This reduction in hospital length of stay equates to a cumulative national savings of over £664 million in primary hip and knee replacement inpatient care during this ten year timeframe.

On a local level, much of this change will be driven by new BPT incentives. Sg2's latest research identifies that 2011-12 BPT adjustments to primary hip and knee replacement surgeries will cause select NHS trusts to see one-year payment reductions in excess of £400,000. Facing this new economic future, trusts must implement optimised care pathways to ensure a financially sustainable, clinically appropriate and patient-friendly service.

How will the 2011-12 tariff changes alter income and capacity at a local level?
What care redesign strategies ensure a clinically sound and patient-friendly pathway, while reducing costly hospital lengths of stay?

This service kit is designed to help you:

Identify the immediate, financial realities of the primary hip and knee BPT while recognising care pathway redesign initiatives available to improve quality and patient experience while reducing length of stay.

Plan an action strategy, including who to involve, what steps to take, timelines for success and likely impact.

Manage the change, by understanding metrics to guide progress, operational insights, management considerations, and global lessons learned.

In this kit you'll find:

Sg2's Analysis of the 2011-12 Tariff for Primary Hip and Knee Replacement

Sg2's Impact of Change Forecast for Primary Hip and Knee Replacement Bed Days, Savings

Sg2's Improvement Guide for Reducing Primary Hip and Knee Replacement LOS

Sg2 Global Practice Summary on Primary Hip and Knee Replacement Best Practice

A Sg2 Case Study on Primary Hip and Knee Care Pathway Redesign

Use this resource to:

- Craft the case for change in primary hip and knee replacement management

- Identify LOS targets and related savings
- Develop metrics to guide progress

- Define your action strategy
- Identify improvement options, and understand cost, time and operational considerations

- Leverage global lessons learned

- Understand application of care redesign concepts within the NHS

A Case for Care Pathway Optimisation in Primary Hip and Knee Replacement

Revenue Impact and Length of Stay Reduction Opportunities Related to 2011-12 best practice tariff (BPT) Adjustments for NHS Trusts

Trusts with LOS above threshold: larger opportunities to offset tariff loss by LOS optimisation



Trusts with LOS below threshold: smaller opportunities to offset tariff loss by LOS optimisation



| Trust | 2009-10 Spells | 2009-10 ALOS | 2011-12 Change in Revenue |
|---|----------------|--------------|---------------------------|
| Gloucestershire Hospitals NHS Foundation Trust | 1,695 | 6.3 | -£408,580 |
| Wrightington, Wigan And Leigh NHS Foundation Trust | 1,663 | 6.7 | -£399,761 |
| The Royal Orthopaedic Hospital NHS Foundation Trust | 1,511 | 6.6 | -£361,783 |
| South London Healthcare NHS Trust | 1,360 | 7.1 | -£325,774 |
| Western Sussex Hospitals NHS Trust | 1,321 | 6.7 | -£317,476 |
| Robert Jones And Agnes Hunt Orthopaedic And District Hospital NHS Trust | 1,328 | 6.7 | -£316,843 |
| Derby Hospitals NHS Foundation Trust | 1,301 | 5.9 | -£308,600 |
| Heart Of England NHS Foundation Trust | 1,395 | 6.8 | -£299,842 |
| North Bristol NHS Trust | 1,198 | 6.8 | -£296,992 |
| Pennine Acute Hospitals NHS Trust | 1,217 | 7.6 | -£285,456 |
| Sheffield Teaching Hospitals NHS Foundation Trust | 1,205 | 7.1 | -£272,500 |
| County Durham And Darlington NHS Foundation Trust | 1,163 | 6.5 | -£271,605 |
| Portsmouth Hospitals NHS Trust | 1,165 | 6.4 | -£270,580 |
| United Lincolnshire Hospitals NHS Trust | 1,201 | 6.7 | -£269,638 |
| Nottingham University Hospitals NHS Trust | 1,162 | 6.9 | -£268,215 |
| Nuffield Orthopaedic Centre NHS Trust | 1,035 | 6.7 | -£263,028 |
| Northern Lincolnshire And Goole Hospitals NHS Foundation Trust | 1,074 | 5.9 | -£247,572 |
| University Hospitals Coventry And Warwickshire NHS Trust | 1,012 | 7.1 | -£246,827 |
| South Tees Hospitals NHS Foundation Trust | 1,061 | 6.0 | -£242,123 |
| Great Western Hospitals NHS Foundation Trust | 965 | 6.4 | -£240,619 |
| Doncaster And Bassetlaw Hospitals NHS Foundation Trust | 1,003 | 5.9 | -£238,161 |
| University Hospitals Of Morecambe Bay NHS Foundation Trust | 978 | 7.0 | -£229,968 |
| Norfolk And Norwich University Hospitals NHS Foundation Trust | 984 | 6.9 | -£229,182 |
| Buckinghamshire Healthcare NHS Trust | 827 | 6.2 | -£213,687 |
| Harrogate And District NHS Foundation Trust | 863 | 5.9 | -£204,958 |
| Sherwood Forest Hospitals NHS Foundation Trust | 814 | 6.6 | -£192,870 |
| West Hertfordshire Hospitals NHS Trust | 713 | 5.9 | -£187,144 |
| Frimley Park Hospital NHS Foundation Trust | 729 | 6.5 | -£186,773 |
| Peterborough And Stamford Hospitals NHS Foundation Trust | 765 | 6.4 | -£186,449 |
| North Cumbria University Hospitals NHS Trust | 759 | 6.4 | -£179,455 |
| Calderdale And Huddersfield NHS Foundation Trust | 749 | 6.4 | -£178,834 |
| Wirral University Teaching Hospital NHS Foundation Trust | 737 | 6.6 | -£176,906 |
| Sandwell And West Birmingham Hospitals NHS Trust | 741 | 6.4 | -£175,264 |
| Royal Cornwall Hospitals NHS Trust | 765 | 6.3 | -£173,158 |
| The Royal Wolverhampton Hospitals NHS Trust | 740 | 6.4 | -£172,978 |
| Hull And East Yorkshire Hospitals NHS Trust | 830 | 6.3 | -£171,953 |
| Heatherwood And Wexham Park Hospitals NHS Foundation Trust | 636 | 6.5 | -£168,372 |
| Chesterfield Royal Hospital NHS Foundation Trust | 702 | 7.2 | -£165,421 |
| University Hospital Of North Staffordshire NHS Trust | 699 | 5.9 | -£165,196 |
| Royal National Orthopaedic Hospital NHS Trust | 617 | 7.0 | -£164,797 |
| Stockport NHS Foundation Trust | 687 | 7.3 | -£163,611 |
| Plymouth Hospitals NHS Trust | 703 | 7.9 | -£163,319 |
| Basildon And Thurrock University Hospitals NHS Foundation Trust | 642 | 5.9 | -£156,821 |
| Colchester Hospital University NHS Foundation Trust | 775 | 6.4 | -£154,890 |
| Northern Devon Healthcare NHS Trust | 752 | 6.0 | -£154,198 |
| Royal United Hospital Bath NHS Trust | 623 | 6.9 | -£152,157 |
| East And North Hertfordshire NHS Trust | 711 | 8.5 | -£151,873 |

A Case for Care Pathway Optimisation in Primary Hip and Knee Replacement, cont.

Revenue Impact and Length of Stay Reduction Opportunities Related to 2011-12 best practice tariff (BPT) Adjustments for NHS Trusts

Trusts with LOS above threshold: larger opportunities to offset tariff loss by LOS optimisation



Trusts with LOS below threshold: smaller opportunities to offset tariff loss by LOS optimisation



| Trust | 2009-10 Spells | 2009-10 ALOS | 2011-12 Change in Revenue |
|--|----------------|--------------|---------------------------|
| Luton And Dunstable Hospital NHS Foundation Trust | 610 | 6.1 | -£151,782 |
| Dartford And Gravesham NHS Trust | 623 | 17.4 | -£150,432 |
| East Lancashire Hospitals NHS Trust | 629 | 7.7 | -£148,754 |
| Lancashire Teaching Hospitals NHS Foundation Trust | 622 | 7.1 | -£143,409 |
| Basingstoke And North Hampshire NHS Foundation Trust | 541 | 6.2 | -£140,912 |
| Northampton General Hospital NHS Trust | 583 | 7.2 | -£140,078 |
| Royal Liverpool And Broadgreen University Hospitals NHS Trust | 743 | 5.9 | -£137,306 |
| The Princess Alexandra Hospital NHS Trust | 561 | 7.5 | -£135,937 |
| Scarborough And North East Yorkshire Health Care NHS Trust | 583 | 6.2 | -£133,290 |
| Surrey And Sussex Healthcare NHS Trust | 518 | 6.1 | -£132,402 |
| James Paget University Hospitals NHS Foundation Trust | 646 | 8.5 | -£130,925 |
| Kettering General Hospital NHS Foundation Trust | 588 | 6.7 | -£130,122 |
| Medway NHS Foundation Trust | 520 | 6.0 | -£128,807 |
| The Rotherham NHS Foundation Trust | 558 | 5.9 | -£124,875 |
| North West London Hospitals NHS Trust | 494 | 6.0 | -£123,136 |
| Barnet And Chase Farm Hospitals NHS Trust | 533 | 7.2 | -£120,830 |
| Imperial College Healthcare NHS Trust | 470 | 6.7 | -£119,466 |
| Bradford Teaching Hospitals NHS Foundation Trust | 533 | 6.0 | -£115,831 |
| Salisbury NHS Foundation Trust | 473 | 7.4 | -£115,219 |
| Isle Of Wight NHS PCT | 486 | 6.2 | -£114,853 |
| Weston Area Health NHS Trust | 461 | 6.9 | -£109,445 |
| Whipps Cross University Hospital NHS Trust | 415 | 7.1 | -£106,599 |
| Hereford Hospitals NHS Trust | 455 | 7.0 | -£105,058 |
| Shrewsbury And Telford Hospital NHS Trust | 443 | 7.5 | -£103,331 |
| Bedford Hospital NHS Trust | 414 | 6.0 | -£103,051 |
| Yeovil District Hospital NHS Foundation Trust | 446 | 6.0 | -£101,634 |
| Walsall Hospitals NHS Trust | 434 | 7.5 | -£97,432 |
| Warrington And Halton Hospitals NHS Foundation Trust | 406 | 7.9 | -£94,520 |
| St Helens And Knowsley Hospitals NHS Trust | 404 | 9.3 | -£94,377 |
| Winchester And Eastleigh Healthcare NHS Trust | 404 | 7.7 | -£93,699 |
| Barking, Havering And Redbridge University Hospitals NHS Trust | 416 | 7.2 | -£93,181 |
| Royal Berkshire NHS Foundation Trust | 749 | 5.9 | -£92,293 |
| Blackpool, Fylde And Wyre Hospitals NHS Foundation Trust | 399 | 7.4 | -£92,164 |
| Southampton University Hospitals NHS Trust | 376 | 8.0 | -£91,341 |
| Tameside Hospital NHS Foundation Trust | 377 | 6.8 | -£90,575 |
| Barnsley Hospital NHS Foundation Trust | 515 | 6.1 | -£89,094 |
| University Hospital Of South Manchester NHS Foundation Trust | 364 | 7.9 | -£87,986 |
| Mid Cheshire Hospitals NHS Foundation Trust | 378 | 6.4 | -£86,685 |
| York Hospitals NHS Foundation Trust | 390 | 7.1 | -£84,892 |
| Central Manchester University Hospitals NHS Foundation Trust | 357 | 9.2 | -£83,896 |
| Mid Yorkshire Hospitals NHS Trust | 1,062 | 6.9 | -£80,393 |
| Airedale NHS Foundation Trust | 345 | 6.9 | -£76,263 |
| Royal Bolton Hospital NHS Foundation Trust | 309 | 8.5 | -£72,699 |
| King's College Hospital NHS Foundation Trust | 317 | 9.2 | -£68,661 |
| Chelsea And Westminster Hospital NHS Foundation Trust | 276 | 7.1 | -£67,842 |
| South Tyneside NHS Foundation Trust | 287 | 7.5 | -£67,348 |
| Barts And The London NHS Trust | 232 | 8.3 | -£63,216 |

A Case for Care Pathway Optimisation in Primary Hip and Knee Replacement, cont.

Revenue Impact and Length of Stay Reduction Opportunities Related to 2011-12 best practice tariff (BPT) Adjustments for NHS Trusts

Trusts with LOS above threshold: larger opportunities to offset tariff loss by LOS optimisation



Trusts with LOS below threshold: smaller opportunities to offset tariff loss by LOS optimisation



| Trust | 2009-10 Spells | 2009-10 ALOS | 2011-12 Change in Revenue |
|--|----------------|--------------|---------------------------|
| The Whittington Hospital NHS Trust | 214 | 7.4 | -£61,760 |
| Lewisham Healthcare NHS Trust | 221 | 8.2 | -£61,043 |
| Trafford Healthcare NHS Trust | 246 | 8.5 | -£58,242 |
| Royal Free Hampstead NHS Trust | 251 | 7.5 | -£54,308 |
| Ealing Hospital NHS Trust | 193 | 8.9 | -£52,860 |
| Brighton And Sussex University Hospitals NHS Trust | 221 | 11.6 | -£51,846 |
| Guy's And St Thomas' NHS Foundation Trust | 483 | 7.4 | -£43,155 |
| North Middlesex University Hospital NHS Trust | 161 | 6.7 | -£41,802 |
| Newham University Hospital NHS Trust | 153 | 9.4 | -£41,325 |
| Countess Of Chester Hospital NHS Foundation Trust | 180 | 7.2 | -£39,847 |
| University College London Hospitals NHS Foundation Trust | 335 | 7.1 | -£34,319 |
| Homerton University Hospital NHS Foundation Trust | 130 | 9.1 | -£26,002 |
| St George's Healthcare NHS Trust | 63 | 12.1 | -£16,315 |
| New Revenue-Based Breakeven ALOS Threshold ≈ 5.8 days | | | |
| West Middlesex University Hospital NHS Trust | 163 | 5.7 | -£42,925 |
| Salford Royal NHS Foundation Trust | 331 | 5.8 | -£63,941 |
| Aintree University Hospitals NHS Foundation Trust | 410 | 5.4 | -£89,887 |
| Milton Keynes Hospital NHS Foundation Trust | 407 | 5.3 | -£99,567 |
| George Eliot Hospital NHS Trust | 492 | 5.1 | -£106,528 |
| Southport And Ormskirk Hospital NHS Trust | 461 | 5.7 | -£110,569 |
| East Cheshire NHS Trust | 470 | 5.6 | -£113,203 |
| The Queen Elizabeth Hospital King's Lynn NHS Trust | 491 | 4.9 | -£113,536 |
| Dorset County Hospital NHS Foundation Trust | 526 | 5.3 | -£119,065 |
| Burton Hospitals NHS Foundation Trust | 580 | 5.7 | -£122,289 |
| The Hillingdon Hospital NHS Trust | 470 | 5.8 | -£128,450 |
| Gateshead Health NHS Foundation Trust | 556 | 5.0 | -£132,155 |
| South Devon Healthcare NHS Foundation Trust | 654 | 5.0 | -£138,032 |
| Taunton And Somerset NHS Foundation Trust | 688 | 5.2 | -£142,622 |
| Royal Surrey County Hospital NHS Foundation Trust | 570 | 5.2 | -£144,515 |
| Mid Staffordshire NHS Foundation Trust | 644 | 5.8 | -£152,457 |
| Hinchingbrooke Health Care NHS Trust | 621 | 5.1 | -£153,049 |
| South Warwickshire NHS Foundation Trust | 650 | 4.7 | -£157,611 |
| West Suffolk Hospitals NHS Trust | 660 | 4.8 | -£157,885 |
| City Hospitals Sunderland NHS Foundation Trust | 691 | 5.2 | -£162,592 |
| Maidstone And Tunbridge Wells NHS Trust | 662 | 5.3 | -£168,858 |
| North Tees And Hartlepool NHS Foundation Trust | 738 | 5.7 | -£171,891 |
| Ipswich Hospital NHS Trust | 783 | 5.6 | -£180,117 |
| Cambridge University Hospitals NHS Foundation Trust | 766 | 5.8 | -£180,226 |
| Mid Essex Hospital Services NHS Trust | 809 | 5.7 | -£180,809 |
| Southend University Hospital NHS Foundation Trust | 768 | 5.8 | -£192,078 |
| Ashford And St Peter's Hospitals NHS Foundation Trust | 750 | 5.7 | -£198,422 |
| The Newcastle Upon Tyne Hospitals NHS Foundation Trust | 841 | 5.7 | -£198,736 |
| Leeds Teaching Hospitals NHS Trust | 853 | 5.2 | -£203,621 |
| East Sussex Hospitals NHS Trust | 907 | 4.9 | -£207,832 |
| The Dudley Group Of Hospitals NHS Foundation Trust | 952 | 5.2 | -£216,484 |
| East Kent Hospitals University NHS Foundation Trust | 1,375 | 5.2 | -£247,408 |

A Case for Care Pathway Optimisation in Primary Hip and Knee Replacement, cont.

Revenue Impact and Length of Stay Reduction Opportunities Related to 2011-12 best practice tariff (BPT) Adjustments for NHS Trusts

Trusts with LOS above threshold: larger opportunities to offset tariff loss by LOS optimisation



Trusts with LOS below threshold: smaller opportunities to offset tariff loss by LOS optimisation



| Trust | 2009-10 Spells | 2009-19 ALOS | 2011-12 Change in Revenue |
|---|----------------|--------------|---------------------------|
| East Kent Hospitals University NHS Foundation Trust | 1,375 | 5.2 | -£247,408 |
| Worcestershire Acute Hospitals NHS Trust | 1,110 | 5.6 | -£256,854 |
| Royal Devon And Exeter NHS Foundation Trust | 1,383 | 5.5 | -£318,639 |
| Northumbria Healthcare NHS Foundation Trust | 1,561 | 4.9 | -£367,763 |
| University Hospitals Of Leicester NHS Trust | 1,601 | 5.2 | -£386,343 |
| The Royal Bournemouth And Christchurch Hospitals NHS Foundation Trust | 1,899 | 5.3 | -£465,360 |
| Epsom And St Helier University Hospitals NHS Trust | 2,273 | 5.3 | -£619,555 |

TJR = Total Joint Replacement; LOS = Length Of Stay; ALOS = Average Length Of Stay

Baseline figures for primary total hip and knee replacement utilisation are taken from the 2009/10 HES feed (the latest full year data set to be published).

For the purposes of illustrating a defined care pathway, the baseline utilisation for this forecast is derived by identifying spells defined by a dominant procedure OPCS-4 code related to primary hip or knee replacement and a primary diagnosis ICD-10 code related to osteoarthritis. For full forecast detail, please see the accompanying methodology documentation.

All NHS Trusts with more than 10 operations per year fitting the above criteria are included in this analysis. Those with less than 10 operations per year are excluded because of likely coding anomalies.

Sg2 understands that trusts will have access to more up-to-date data sources and we are happy to work with you to understand how individualised data sets and custom analysis of localised forecast factors influence the forecast output.

The Impact of Change in Primary Hip and Knee Replacement

Drivers of change including the 2011-12 best practice tariff on future bed days and savings, all-England

National Benchmarks

2009-10 Spells

114,308

2009-10 ALOS

6.2

Bed Days Forecast

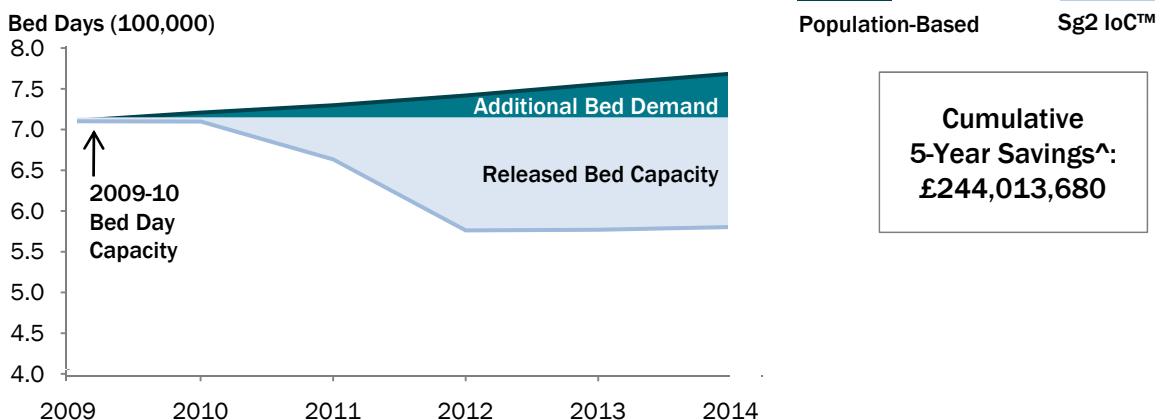
| 2009 | 2010 | 2011 | 2012 | 2013 | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | |
|-------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Population-Based | | | | | | | | | | | |
| 710,165 | 720,806 | 729,779 | 741,863 | 755,628 | 768,632 | 780,701 | 793,838 | 807,854 | 823,223 | 836,198 | |
| Sg2 IoC™ | 710,165 | 709,852 | 663,370 | 576,151 | 576,985 | 580,315 | 582,512 | 589,408 | 596,924 | 605,337 | 616,115 |

Bed Days Savings^ Forecast

| 2009 | 2010 | 2011 | 2012 | 2013 | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | |
|------------------------------------|------|------------|-------------|-------------|-------------|-------------|-------------|-------------|--------------|--------------|-------------|
| Population-Based | | | | | | | | | | | |
| - | - | - | - | - | - | - | - | - | - | - | |
| Sg2 IoC™ | £0 | £4,381,280 | £26,563,120 | £34,920,995 | £71,457,120 | £15,326,640 | £19,275,400 | £81,772,280 | £84,371,1720 | £87,154,320 | £88,033,320 |
| 10-Year Cumulative Savings^ | | | | | | | | | | | |
| | | | | | | | | | | £664,620,720 | |

A Focus on Change within the QIPP Timeline

The path to delivering quality, primary hip and knee replacement services within available resources to meet the growing demands of an ageing population



ALOS = Average Length Of Stay; IoC™ = Impact of Change™

Baseline figures for primary total hip and knee replacement utilisation are taken from the 2009-10 HES feed (the latest full year data set to be published). Baseline figures include all NHS-funded care, including that supplied by private providers.

For the purposes of illustrating a defined care pathway, the baseline utilisation for this forecast is derived by identifying spells defined by a dominant procedure OPCS-4 code related to primary hip or knee replacement and a primary diagnosis ICD-10 code related to osteoarthritis. For full forecast detail, please see the accompanying methodology documentation.

Sg2 understands that trusts will have access to more up-to-date data sources and we are happy to work with you to understand how individualised data sets influence the forecast output.

[^]Bed days savings are derived by calculating the annual differential between bed days as predicted by each of the population and Sg2 modeling strategies and multiplying this bed day difference by £400, an estimate of cost for a 24-hour stay on an NHS general or surgical ward. Cumulative bed days savings calculations sum the above annual calculations across 10 years.

The Impact of Change in Primary Hip and Knee Replacement

Drivers of change including the 2011-12 best practice tariff on future bed days and savings, SHAs

| National Benchmarks | | | | | | | |
|------------------------------|--------------|----------------|------------------|---------------|---------------|---------------|---|
| 2009-10 ALOS | | | | | | | |
| 6.2 | | | | | | | |
| SHA | 2009-10 ALOS | 2009-10 Spells | Forecast Method | 2009 Bed Days | 2014 Bed Days | 2019 Bed Days | Cumulative 10-Year Savings [^] |
| North West SHA | 6.7 | 15,130 | Population-Based | 100,790 | 107,786 | 115,447 | £92,790,768 |
| | | | Sg2 IoC™ | 100,790 | 81,375 | 85,068 | |
| South West SHA | 5.9 | 15,290 | Population-Based | 90,077 | 98,540 | 108,190 | £86,392,821 |
| | | | Sg2 IoC™ | 90,077 | 74,134 | 79,364 | |
| West Midlands SHA | 6.2 | 13,383 | Population-Based | 82,939 | 89,226 | 95,944 | £76,405,954 |
| | | | Sg2 IoC™ | 82,939 | 67,500 | 70,861 | |
| East Of England SHA | 6.2 | 12,795 | Population-Based | 79,534 | 87,614 | 96,808 | £76,359,572 |
| | | | Sg2 IoC™ | 79,534 | 66,083 | 71,246 | |
| Yorkshire And The Humber SHA | 6.1 | 11,660 | Population-Based | 70,611 | 76,220 | 82,614 | £65,491,408 |
| | | | Sg2 IoC™ | 70,611 | 57,635 | 60,988 | |
| East Midlands SHA | 6.0 | 11,255 | Population-Based | 67,709 | 74,513 | 82,050 | £64,409,006 |
| | | | Sg2 IoC™ | 67,709 | 56,327 | 60,547 | |
| South East Coast SHA | 6.2 | 10,835 | Population-Based | 66,897 | 72,643 | 79,526 | £63,808,234 |
| | | | Sg2 IoC™ | 66,897 | 54,605 | 58,279 | |
| London SHA | 6.8 | 9,691 | Population-Based | 65,879 | 68,917 | 73,660 | £58,514,342 |
| | | | Sg2 IoC™ | 65,879 | 52,244 | 54,547 | |
| South Central SHA | 6.3 | 7,892 | Population-Based | 49,729 | 54,845 | 60,574 | £47,757,873 |
| | | | Sg2 IoC™ | 49,729 | 41,368 | 44,579 | |
| North East SHA | 5.6 | 6,377 | Population-Based | 36,000 | 38,327 | 41,386 | £32,690,754 |
| | | | Sg2 IoC™ | 36,000 | 29,044 | 30,636 | |

SHAs= Strategic Health Authorities; ALOS = Average Length Of Stay; IoC™ = Impact of Change

Baseline figures for primary total hip and knee replacement utilisation are taken from the 2009-10 HES feed (the latest full year data set to be published). Baseline figures include all NHS-funded care, including that supplied by private providers.

For the purposes of illustrating a defined care pathway, the baseline utilisation for this forecast is derived by identifying spells defined by a dominant procedure OPCS-4 code related to primary hip or knee replacement and a primary diagnosis ICD-10 code related to osteoarthritis. For full forecast detail, please see the accompanying methodology documentation.

Sg2 understands that trusts will have access to more up-to-date data sources and we are happy to work with you to understand how individualised data sets influence the forecast output.

[^]Bed days savings are derived by calculating the annual differential between bed days as predicted by each of the population and Sg2 modeling strategies and multiplying this bed day difference by £400, an estimate of cost for a 24-hour stay on an NHS general or surgical ward. Cumulative bed days savings calculations sum the above annual calculations across 10 years.

The Impact of Change in Primary Hip and Knee Replacement

Drivers of change including the 2011-12 best practice tariff on future bed days and savings, PCTs

| National Benchmarks | | | | | | | |
|-------------------------------------|--------------|----------------|------------------|---------------|---------------|---------------|---|
| 2009-10 ALOS | | | | | | | |
| 6.2 | | | | | | | |
| PCT | 2009-10 ALOS | 2009-10 Spells | Forecast Method | 2009 Bed Days | 2014 Bed Days | 2019 Bed Days | Cumulative 10-Year Savings [▲] |
| Hampshire PCT | 6.4 | 2,964 | Population-Based | 18,890 | 21,004 | 23,284 | £18,273,962 |
| | | | Sg2 IoC™ | 18,890 | 15,853 | 17,150 | |
| Devon PCT | 5.6 | 2,858 | Population-Based | 15,922 | 17,505 | 19,385 | £15,351,374 |
| | | | Sg2 IoC™ | 15,922 | 13,180 | 14,237 | |
| Hertfordshire PCT | 6.9 | 2,291 | Population-Based | 15,641 | 16,847 | 18,365 | £14,510,259 |
| | | | Sg2 IoC™ | 15,641 | 12,736 | 13,557 | |
| West Kent PCT | 8.4 | 1,688 | Population-Based | 14,249 | 15,551 | 16,993 | £14,102,782 |
| | | | Sg2 IoC™ | 14,249 | 11,567 | 12,290 | |
| Lincolnshire Teaching PCT | 6.1 | 2,222 | Population-Based | 13,556 | 15,094 | 16,762 | £13,207,456 |
| | | | Sg2 IoC™ | 13,556 | 11,376 | 12,322 | |
| West Sussex PCT | 6.4 | 2,083 | Population-Based | 13,397 | 14,590 | 16,039 | £12,735,563 |
| | | | Sg2 IoC™ | 13,397 | 10,991 | 11,787 | |
| Surrey PCT | 5.7 | 2,370 | Population-Based | 13,546 | 14,541 | 15,877 | £12,673,575 |
| | | | Sg2 IoC™ | 13,546 | 10,956 | 11,668 | |
| Derbyshire County PCT | 6.1 | 2,177 | Population-Based | 13,172 | 14,566 | 16,009 | £12,569,748 |
| | | | Sg2 IoC™ | 13,172 | 11,013 | 11,816 | |
| North Yorkshire And York PCT | 5.9 | 2,167 | Population-Based | 12,829 | 14,127 | 15,625 | £12,342,791 |
| | | | Sg2 IoC™ | 12,829 | 10,649 | 11,489 | |
| Nottinghamshire County Teaching PCT | 6.1 | 1,951 | Population-Based | 11,917 | 12,959 | 14,191 | £11,204,920 |
| | | | Sg2 IoC™ | 11,917 | 9,791 | 10,465 | |
| Gloucestershire PCT | 6.3 | 1,673 | Population-Based | 10,464 | 11,508 | 12,698 | £10,102,735 |
| | | | Sg2 IoC™ | 10,464 | 8,658 | 9,316 | |
| Northamptonshire Teaching PCT | 6.6 | 1,518 | Population-Based | 10,019 | 11,385 | 12,825 | £9,888,688 |
| | | | Sg2 IoC™ | 10,019 | 8,610 | 9,471 | |
| Cumbria Teaching PCT | 6.4 | 1,453 | Population-Based | 9,369 | 10,239 | 11,182 | £9,021,632 |
| | | | Sg2 IoC™ | 9,369 | 7,684 | 8,180 | |
| Cornwall And Isles Of Scilly PCT | 5.8 | 1,587 | Population-Based | 9,278 | 10,221 | 11,161 | £8,968,293 |
| | | | Sg2 IoC™ | 9,278 | 7,681 | 8,176 | |
| Somerset PCT | 5.5 | 1,639 | Population-Based | 9,076 | 10,108 | 11,194 | £8,902,612 |
| | | | Sg2 IoC™ | 9,076 | 7,601 | 8,203 | |
| Eastern And Coastal Kent PCT | 5.2 | 1,733 | Population-Based | 8,984 | 9,945 | 10,979 | £8,649,425 |
| | | | Sg2 IoC™ | 8,984 | 7,505 | 8,085 | |
| South Staffordshire PCT | 5.8 | 1,523 | Population-Based | 8,802 | 9,826 | 10,848 | £8,512,846 |
| | | | Sg2 IoC™ | 8,802 | 7,423 | 7,998 | |
| Norfolk PCT | 6.2 | 1,386 | Population-Based | 8,642 | 9,531 | 10,557 | £8,363,436 |
| | | | Sg2 IoC™ | 8,642 | 7,175 | 7,751 | |
| Wiltshire PCT | 6.5 | 1,286 | Population-Based | 8,412 | 9,429 | 10,555 | £8,314,333 |
| | | | Sg2 IoC™ | 8,412 | 7,094 | 7,745 | |
| Suffolk PCT | 5.3 | 1,504 | Population-Based | 8,018 | 9,049 | 10,170 | £8,016,289 |
| | | | Sg2 IoC™ | 8,018 | 6,800 | 7,450 | |
| Worcestershire PCT | 5.5 | 1,504 | Population-Based | 8,270 | 9,150 | 10,109 | £7,997,080 |
| | | | Sg2 IoC™ | 8,270 | 6,895 | 7,430 | |
| Shropshire County PCT | 6.8 | 1,161 | Population-Based | 7,848 | 8,773 | 9,671 | £7,687,953 |
| | | | Sg2 IoC™ | 7,848 | 6,603 | 7,100 | |
| Warwickshire PCT | 5.3 | 1,460 | Population-Based | 7,703 | 8,582 | 9,401 | £7,466,654 |
| | | | Sg2 IoC™ | 7,703 | 6,469 | 6,912 | |
| Cambridgeshire PCT | 5.5 | 1,341 | Population-Based | 7,415 | 8,372 | 9,425 | £7,397,876 |
| | | | Sg2 IoC™ | 7,415 | 6,299 | 6,915 | |
| Dorset PCT | 5.3 | 1,417 | Population-Based | 7,486 | 8,211 | 9,020 | £7,283,180 |
| | | | Sg2 IoC™ | 7,486 | 6,156 | 6,588 | |

The Impact of Change in Primary Hip and Knee Replacement

Drivers of change including the 2011-12 best practice tariff on future bed days and savings, PCTs, cont.

| National Benchmarks | | | | | | | |
|---------------------------------------|--------------|----------------|------------------------------|----------------|----------------|----------------|---|
| 2009-10 ALOS | | | | | | | |
| 6.2 | | | | | | | |
| PCT | 2009-10 ALOS | 2009-10 Spells | Forecast Method | 2009 Bed Days | 2014 Bed Days | 2019 Bed Days | Cumulative 10-Year Savings [▲] |
| County Durham PCT | 6.1 | 1,294 | Population-Based Sg2 IoC™ | 7,942 7,942 | 8,531 6,474 | 9,236 6,849 | £7,247,887 |
| Sheffield PCT | 6.8 | 1,150 | Population-Based Sg2 IoC™ | 7,790 7,790 | 8,116 6,145 | 8,588 6,348 | £6,903,641 |
| East Sussex Downs And Weald PCT | 5.4 | 1,320 | Population-Based Sg2 IoC™ | 7,116 7,116 | 7,823 5,902 | 8,581 6,318 | £6,789,112 |
| Leicestershire County And Rutland PCT | 5.1 | 1,373 | Population-Based Sg2 IoC™ | 7,026 7,026 | 7,854 5,942 | 8,707 6,431 | £6,777,355 |
| Leeds PCT | 5.5 | 1,345 | Population-Based Sg2 IoC™ | 7,386 7,386 | 7,759 5,868 | 8,209 6,061 | £6,614,882 |
| Oxfordshire PCT | 6.6 | 931 | Population-Based Sg2 IoC™ | 6,173 6,173 | 6,781 5,055 | 7,478 5,424 | £6,121,940 |
| North Lancashire Teaching PCT | 7.0 | 917 | Population-Based Sg2 IoC™ | 6,460 6,460 | 6,962 5,234 | 7,517 5,511 | £6,093,403 |
| Central And Eastern Cheshire PCT | 5.7 | 1,085 | Population-Based Sg2 IoC™ | 6,237 6,237 | 6,878 5,170 | 7,588 5,561 | £6,055,841 |
| Great Yarmouth And Waveney PCT | 8.1 | 737 | Population-Based Sg2 IoC™ | 5,939 5,939 | 6,531 4,922 | 7,197 5,293 | £5,698,491 |
| Buckinghamshire PCT | 6.4 | 928 | Population-Based Sg2 IoC™ | 5,895 5,895 | 6,491 4,902 | 7,146 5,268 | £5,631,142 |
| Central Lancashire PCT | 6.7 | 882 | Population-Based Sg2 IoC™ | 5,892 5,892 | 6,425 4,852 | 6,962 5,131 | £5,540,810 |
| Mid Essex PCT | 5.7 | 977 | Population-Based Sg2 IoC™ | 5,562 5,562 | 6,330 4,786 | 7,084 5,229 | £5,486,976 |
| Bedfordshire PCT | 5.8 | 939 | Population-Based Sg2 IoC™ | 5,474 5,474 | 6,160 4,646 | 6,905 5,082 | £5,385,728 |
| East Riding Of Yorkshire PCT | 6.0 | 892 | Population-Based Sg2 IoC™ | 5,366 5,366 | 6,059 4,576 | 6,717 4,952 | £5,258,347 |
| Kirklees PCT | 6.7 | 840 | Population-Based Sg2 IoC™ | 5,645 5,645 | 6,104 4,636 | 6,669 4,951 | £5,181,268 |
| Birmingham East And North PCT | 7.2 | 803 | Population-Based Sg2 IoC™ | 5,817 5,817 | 5,874 4,467 | 6,074 4,516 | £4,897,552 |
| Berkshire West PCT | 6.0 | 841 | Population-Based Sg2 IoC™ | 5,063 5,063 | 5,601 4,221 | 6,176 4,539 | £4,891,678 |
| Northumberland Care Trust | 4.8 | 1,056 | Population-Based Sg2 IoC™ | 5,091 5,091 | 5,568 4,202 | 6,154 4,534 | £4,843,848 |
| Bournemouth And Poole Teaching PCT | 5.5 | 975 | Population-Based Sg2 IoC™ | 5,360 5,360 | 5,530 4,168 | 5,869 4,315 | £4,768,677 |
| Bradford And Airedale Teaching PCT | 5.8 | 906 | Population-Based Sg2 IoC™ | 5,223 5,223 | 5,562 4,208 | 5,962 4,404 | £4,747,204 |
| South West Essex PCT | 6.5 | 757 | Population-Based Sg2 IoC™ | 4,915 4,915 | 5,303 3,986 | 5,861 4,294 | £4,676,791 |
| Dudley PCT | 5.3 | 978 | Population-Based Sg2 IoC™ | 5,137 5,137 | 5,445 4,116 | 5,764 4,255 | £4,651,718 |
| Wakefield District PCT | 6.3 | 788 | Population-Based Sg2 IoC™ | 4,988 4,988 | 5,405 4,098 | 5,914 4,382 | £4,623,727 |
| Liverpool PCT | 5.9 | 871 | Population-Based Sg2 IoC™ | 5,159 5,159 | 5,303 4,004 | 5,502 4,054 | £4,527,535 |
| East Lancashire Teaching PCT | 7.5 | 644 | Population-Based Sg2 IoC™ | 4,844 4,844 | 5,262 3,981 | 5,748 4,247 | £4,521,586 |

The Impact of Change in Primary Hip and Knee Replacement

Drivers of change including the 2011-12 best practice tariff on future bed days and savings, PCTs, cont.

| National Benchmarks | | | | | | | |
|-----------------------------|--------------|-----------------|------------------|---------------|---------------|---------------|-----------------------------|
| 2009-10 ALOS | | | | | | | |
| 6.2 | | | | | | | |
| PCT | 2009-10 ALOS | 2009-110 Spells | Forecast Method | 2009 Bed Days | 2014 Bed Days | 2019 Bed Days | Cumulative 10-Year Savings^ |
| North East Essex PCT | 6.2 | 752 | Population-Based | 4,667 | 5,182 | 5,770 | £4,504,787 |
| | | | Sg2 IoC™ | 4,667 | 3,915 | 4,252 | |
| Wirral PCT | 6.4 | 778 | Population-Based | 4,983 | 5,219 | 5,473 | £4,479,637 |
| | | | Sg2 IoC™ | 4,983 | 3,939 | 4,031 | |
| Manchester PCT | 8.0 | 655 | Population-Based | 5,239 | 5,369 | 5,514 | £4,458,761 |
| | | | Sg2 IoC™ | 5,239 | 4,079 | 4,095 | |
| Coventry Teaching PCT | 7.3 | 701 | Population-Based | 5,127 | 5,297 | 5,540 | £4,412,199 |
| | | | Sg2 IoC™ | 5,127 | 4,035 | 4,127 | |
| South East Essex PCT | 5.8 | 798 | Population-Based | 4,667 | 5,073 | 5,529 | £4,402,321 |
| | | | Sg2 IoC™ | 4,667 | 3,827 | 4,069 | |
| Ashton, Leigh And Wigan PCT | 6.7 | 693 | Population-Based | 4,652 | 5,102 | 5,462 | £4,367,071 |
| | | | Sg2 IoC™ | 4,652 | 3,857 | 4,030 | |
| Halton And St Helens PCT | 7.0 | 673 | Population-Based | 4,685 | 4,997 | 5,378 | £4,258,334 |
| | | | Sg2 IoC™ | 4,685 | 3,786 | 3,981 | |
| Bristol PCT | 6.9 | 673 | Population-Based | 4,676 | 4,872 | 5,132 | £4,206,204 |
| | | | Sg2 IoC™ | 4,676 | 3,665 | 3,765 | |
| Plymouth Teaching PCT | 6.4 | 715 | Population-Based | 4,554 | 4,862 | 5,183 | £4,151,024 |
| | | | Sg2 IoC™ | 4,554 | 3,677 | 3,826 | |
| Stockport PCT | 7.4 | 607 | Population-Based | 4,519 | 4,795 | 5,123 | £4,135,649 |
| | | | Sg2 IoC™ | 4,519 | 3,618 | 3,773 | |
| South Birmingham PCT | 6.3 | 739 | Population-Based | 4,687 | 4,770 | 4,941 | £4,052,269 |
| | | | Sg2 IoC™ | 4,687 | 3,617 | 3,659 | |
| Berkshire East PCT | 6.2 | 687 | Population-Based | 4,255 | 4,634 | 5,072 | £3,959,087 |
| | | | Sg2 IoC™ | 4,255 | 3,510 | 3,753 | |
| Sandwell PCT | 6.3 | 714 | Population-Based | 4,476 | 4,646 | 4,864 | £3,911,878 |
| | | | Sg2 IoC™ | 4,476 | 3,522 | 3,602 | |
| West Essex PCT | 7.0 | 592 | Population-Based | 4,150 | 4,467 | 4,825 | £3,892,729 |
| | | | Sg2 IoC™ | 4,150 | 3,364 | 3,544 | |
| Doncaster PCT | 5.4 | 793 | Population-Based | 4,313 | 4,610 | 4,910 | £3,873,323 |
| | | | Sg2 IoC™ | 4,313 | 3,501 | 3,644 | |
| Walsall Teaching PCT | 7.1 | 619 | Population-Based | 4,408 | 4,628 | 4,787 | £3,843,850 |
| | | | Sg2 IoC™ | 4,408 | 3,513 | 3,550 | |
| Bexley Care Trust | 8.1 | 503 | Population-Based | 4,078 | 4,310 | 4,551 | £3,798,503 |
| | | | Sg2 IoC™ | 4,078 | 3,225 | 3,315 | |
| Bromley PCT | 7.3 | 560 | Population-Based | 4,078 | 4,292 | 4,595 | £3,721,546 |
| | | | Sg2 IoC™ | 4,078 | 3,229 | 3,372 | |
| Rotherham PCT | 6.0 | 649 | Population-Based | 3,884 | 4,180 | 4,495 | £3,578,758 |
| | | | Sg2 IoC™ | 3,884 | 3,163 | 3,322 | |
| North Somerset PCT | 6.7 | 525 | Population-Based | 3,535 | 3,970 | 4,479 | £3,567,906 |
| | | | Sg2 IoC™ | 3,535 | 2,971 | 3,263 | |
| Barnsley PCT | 5.9 | 650 | Population-Based | 3,848 | 4,203 | 4,572 | £3,563,573 |
| | | | Sg2 IoC™ | 3,848 | 3,193 | 3,394 | |
| Sefton PCT | 5.7 | 696 | Population-Based | 3,951 | 4,132 | 4,336 | £3,551,636 |
| | | | Sg2 IoC™ | 3,951 | 3,120 | 3,196 | |
| Western Cheshire PCT | 5.8 | 646 | Population-Based | 3,736 | 4,027 | 4,278 | £3,447,698 |
| | | | Sg2 IoC™ | 3,736 | 3,040 | 3,153 | |
| Sutton And Merton PCT | 5.8 | 656 | Population-Based | 3,794 | 3,996 | 4,304 | £3,444,087 |
| | | | Sg2 IoC™ | 3,794 | 3,019 | 3,173 | |
| Derby City PCT | 6.0 | 633 | Population-Based | 3,796 | 4,022 | 4,286 | £3,410,057 |
| | | | Sg2 IoC™ | 3,796 | 3,045 | 3,170 | |

The Impact of Change in Primary Hip and Knee Replacement

Drivers of change including the 2011-12 best practice tariff on future bed days and savings, PCTs, cont.

| National Benchmarks | | | | | | | |
|-------------------------------------|--------------|----------------|------------------------------|----------------|----------------|----------------|---|
| 2009-10 ALOS | | | | | | | |
| 6.2 | | | | | | | |
| PCT | 2009-10 ALOS | 2009-10 Spells | Forecast Method | 2009 Bed Days | 2014 Bed Days | 2019 Bed Days | Cumulative 10-Year Savings [▲] |
| Tameside And Glossop PCT | 6.8 | 517 | Population-Based Sg2 IoC™ | 3,541 3,541 | 3,868 2,929 | 4,216 3,118 | £3,313,674 |
| Medway PCT | 7.0 | 484 | Population-Based Sg2 IoC™ | 3,386 3,386 | 3,721 2,799 | 4,140 3,037 | £3,278,219 |
| North Tyneside PCT | 5.6 | 636 | Population-Based Sg2 IoC™ | 3,576 3,576 | 3,804 2,889 | 4,051 3,006 | £3,204,830 |
| Herefordshire PCT | 6.8 | 470 | Population-Based Sg2 IoC™ | 3,218 3,218 | 3,590 2,694 | 4,028 2,944 | £3,199,793 |
| Trafford PCT | 7.7 | 461 | Population-Based Sg2 IoC™ | 3,548 3,548 | 3,727 2,816 | 3,916 2,888 | £3,198,542 |
| Solihull Care Trust | 6.5 | 542 | Population-Based Sg2 IoC™ | 3,497 3,497 | 3,746 2,852 | 4,020 2,994 | £3,132,176 |
| Oldham PCT | 6.6 | 520 | Population-Based Sg2 IoC™ | 3,431 3,431 | 3,651 2,770 | 3,876 2,874 | £3,085,334 |
| Bolton PCT | 7.5 | 454 | Population-Based Sg2 IoC™ | 3,387 3,387 | 3,625 2,748 | 3,844 2,848 | £3,067,844 |
| Wolverhampton City PCT | 6.4 | 558 | Population-Based Sg2 IoC™ | 3,551 3,551 | 3,658 2,784 | 3,820 2,843 | £3,048,200 |
| Sunderland Teaching PCT | 5.2 | 649 | Population-Based Sg2 IoC™ | 3,381 3,381 | 3,548 2,695 | 3,851 2,860 | £3,015,793 |
| Isle Of Wight NHS PCT | 6.3 | 495 | Population-Based Sg2 IoC™ | 3,106 3,106 | 3,436 2,599 | 3,811 2,814 | £2,963,990 |
| Brighton And Hove City PCT | 6.5 | 528 | Population-Based Sg2 IoC™ | 3,420 3,420 | 3,420 2,578 | 3,548 2,608 | £2,939,170 |
| Heywood, Middleton And Rochdale PCT | 7.1 | 448 | Population-Based Sg2 IoC™ | 3,178 3,178 | 3,408 2,575 | 3,601 2,656 | £2,907,383 |
| Barnet PCT | 7.5 | 420 | Population-Based Sg2 IoC™ | 3,144 3,144 | 3,351 2,540 | 3,698 2,738 | £2,891,406 |
| Nottingham City PCT | 5.9 | 561 | Population-Based Sg2 IoC™ | 3,336 3,336 | 3,365 2,550 | 3,544 2,622 | £2,868,985 |
| Telford And Wrekin PCT | 7.4 | 401 | Population-Based Sg2 IoC™ | 2,959 2,959 | 3,335 2,526 | 3,668 2,714 | £2,861,336 |
| Swindon PCT | 6.4 | 456 | Population-Based Sg2 IoC™ | 2,924 2,924 | 3,207 2,422 | 3,679 2,713 | £2,829,457 |
| Bury PCT | 7.4 | 415 | Population-Based Sg2 IoC™ | 3,053 3,053 | 3,236 2,439 | 3,506 2,577 | £2,815,698 |
| South Gloucestershire PCT | 6.3 | 454 | Population-Based Sg2 IoC™ | 2,860 2,860 | 3,147 2,362 | 3,446 2,520 | £2,778,501 |
| Havering PCT | 5.4 | 552 | Population-Based Sg2 IoC™ | 3,002 3,002 | 3,176 2,405 | 3,350 2,478 | £2,699,669 |
| North Staffordshire PCT | 5.7 | 488 | Population-Based Sg2 IoC™ | 2,782 2,782 | 3,026 2,271 | 3,271 2,393 | £2,655,483 |
| Torbay Care Trust | 4.7 | 601 | Population-Based Sg2 IoC™ | 2,797 2,797 | 3,034 2,286 | 3,315 2,436 | £2,649,416 |
| Hastings And Rother PCT | 4.4 | 629 | Population-Based Sg2 IoC™ | 2,799 2,799 | 3,053 2,307 | 3,369 2,486 | £2,640,387 |
| North Lincolnshire PCT | 6.3 | 424 | Population-Based Sg2 IoC™ | 2,690 2,690 | 2,983 2,242 | 3,289 2,410 | £2,628,240 |
| Warrington PCT | 6.3 | 433 | Population-Based Sg2 IoC™ | 2,736 2,736 | 3,033 2,290 | 3,318 2,444 | £2,625,670 |

The Impact of Change in Primary Hip and Knee Replacement

Drivers of change including the 2011-12 best practice tariff on future bed days and savings, PCTs, cont.

| National Benchmarks | | | | | | | |
|----------------------------------|--------------|----------------|------------------|---------------|---------------|---------------|-----------------------------|
| 2009-10 ALOS | | | | | | | |
| 6.2 | | | | | | | |
| PCT | 2009-10 ALOS | 2009-10 Spells | Forecast Method | 2009 Bed Days | 2014 Bed Days | 2019 Bed Days | Cumulative 10-Year Savings^ |
| Newcastle PCT | 5.7 | 531 | Population-Based | 3,028 | 3,127 | 3,359 | £2,623,521 |
| | | | Sg2 IoC™ | 3,028 | 2,376 | 2,494 | |
| Croydon PCT | 5.5 | 507 | Population-Based | 2,797 | 2,991 | 3,208 | £2,556,949 |
| | | | Sg2 IoC™ | 2,797 | 2,262 | 2,368 | |
| Ealing PCT | 7.3 | 405 | Population-Based | 2,942 | 3,024 | 3,317 | £2,547,923 |
| | | | Sg2 IoC™ | 2,942 | 2,303 | 2,470 | |
| Bath And North East Somerset PCT | 6.3 | 431 | Population-Based | 2,733 | 2,935 | 3,075 | £2,519,108 |
| | | | Sg2 IoC™ | 2,733 | 2,211 | 2,260 | |
| Leicester City PCT | 6.1 | 470 | Population-Based | 2,869 | 2,995 | 3,201 | £2,517,009 |
| | | | Sg2 IoC™ | 2,869 | 2,281 | 2,384 | |
| Greenwich Teaching PCT | 8.1 | 354 | Population-Based | 2,871 | 2,927 | 3,037 | £2,466,986 |
| | | | Sg2 IoC™ | 2,871 | 2,220 | 2,250 | |
| Hull Teaching PCT | 6.8 | 384 | Population-Based | 2,612 | 2,726 | 2,950 | £2,371,816 |
| | | | Sg2 IoC™ | 2,612 | 2,051 | 2,166 | |
| Lewisham PCT | 8.3 | 321 | Population-Based | 2,675 | 2,767 | 3,006 | £2,354,425 |
| | | | Sg2 IoC™ | 2,675 | 2,107 | 2,238 | |
| South Tyneside PCT | 6.6 | 387 | Population-Based | 2,553 | 2,647 | 2,876 | £2,273,449 |
| | | | Sg2 IoC™ | 2,553 | 2,004 | 2,126 | |
| Gateshead PCT | 5.0 | 509 | Population-Based | 2,548 | 2,621 | 2,755 | £2,229,734 |
| | | | Sg2 IoC™ | 2,548 | 1,985 | 2,037 | |
| Stoke On Trent PCT | 6.0 | 406 | Population-Based | 2,416 | 2,555 | 2,721 | £2,193,201 |
| | | | Sg2 IoC™ | 2,416 | 1,929 | 2,005 | |
| Salford PCT | 6.1 | 413 | Population-Based | 2,516 | 2,576 | 2,733 | £2,191,761 |
| | | | Sg2 IoC™ | 2,516 | 1,951 | 2,021 | |
| Hillingdon PCT | 6.0 | 403 | Population-Based | 2,402 | 2,521 | 2,802 | £2,175,342 |
| | | | Sg2 IoC™ | 2,402 | 1,910 | 2,075 | |
| Luton PCT | 6.3 | 387 | Population-Based | 2,430 | 2,567 | 2,718 | £2,159,389 |
| | | | Sg2 IoC™ | 2,430 | 1,954 | 2,023 | |
| Portsmouth City Teaching PCT | 6.2 | 381 | Population-Based | 2,345 | 2,479 | 2,660 | £2,101,871 |
| | | | Sg2 IoC™ | 2,345 | 1,881 | 1,971 | |
| Calderdale PCT | 6.4 | 343 | Population-Based | 2,193 | 2,417 | 2,633 | £2,100,435 |
| | | | Sg2 IoC™ | 2,193 | 1,821 | 1,935 | |
| Milton Keynes PCT | 5.3 | 365 | Population-Based | 1,939 | 2,267 | 2,668 | £2,021,819 |
| | | | Sg2 IoC™ | 1,939 | 1,706 | 1,960 | |
| Lambeth PCT | 8.2 | 279 | Population-Based | 2,281 | 2,378 | 2,550 | £2,004,850 |
| | | | Sg2 IoC™ | 2,281 | 1,809 | 1,897 | |
| Bassetlaw PCT | 5.8 | 350 | Population-Based | 2,018 | 2,273 | 2,526 | £1,964,788 |
| | | | Sg2 IoC™ | 2,018 | 1,719 | 1,865 | |
| Heart Of Birmingham Teaching PCT | 7.1 | 316 | Population-Based | 2,241 | 2,325 | 2,418 | £1,881,767 |
| | | | Sg2 IoC™ | 2,241 | 1,785 | 1,819 | |
| Southwark PCT | 8.4 | 254 | Population-Based | 2,137 | 2,230 | 2,464 | £1,864,319 |
| | | | Sg2 IoC™ | 2,137 | 1,703 | 1,842 | |
| Enfield PCT | 6.7 | 305 | Population-Based | 2,058 | 2,152 | 2,274 | £1,832,178 |
| | | | Sg2 IoC™ | 2,058 | 1,628 | 1,679 | |
| Knowsley PCT | 6.5 | 307 | Population-Based | 1,997 | 2,074 | 2,240 | £1,798,202 |
| | | | Sg2 IoC™ | 1,997 | 1,566 | 1,651 | |
| Southampton City PCT | 6.9 | 300 | Population-Based | 2,063 | 2,153 | 2,279 | £1,792,384 |
| | | | Sg2 IoC™ | 2,063 | 1,641 | 1,699 | |
| Redbridge PCT | 6.3 | 321 | Population-Based | 2,035 | 2,101 | 2,252 | £1,766,858 |
| | | | Sg2 IoC™ | 2,035 | 1,600 | 1,676 | |

The Impact of Change in Primary Hip and Knee Replacement

Drivers of change including the 2011-12 best practice tariff on future bed days and savings, PCTs, cont.

| National Benchmarks | | | | | | | |
|--|--------------|----------------|------------------------------|----------------|----------------|----------------|-----------------------------|
| 2009-10 ALOS | | | | | | | |
| 6.2 | | | | | | | |
| PCT | 2009-10 ALOS | 2009-10 Spells | Forecast Method | 2009 Bed Days | 2014 Bed Days | 2019 Bed Days | Cumulative 10-Year Savings^ |
| Peterborough PCT | 5.7 | 334 | Population-Based Sg2 IoC™ | 1,903 1,903 | 2,083 1,585 | 2,276 1,693 | £1,762,105 |
| Harrow PCT | 6.5 | 294 | Population-Based Sg2 IoC™ | 1,922 1,922 | 2,093 1,591 | 2,248 1,672 | £1,747,184 |
| Blackpool PCT | 6.1 | 320 | Population-Based Sg2 IoC™ | 1,966 1,966 | 2,016 1,522 | 2,102 1,549 | £1,721,220 |
| Wandsworth PCT | 6.5 | 318 | Population-Based Sg2 IoC™ | 2,080 2,080 | 2,109 1,607 | 2,130 1,588 | £1,710,613 |
| Brent Teaching PCT | 6.3 | 317 | Population-Based Sg2 IoC™ | 2,003 2,003 | 2,117 1,618 | 2,142 1,603 | £1,710,116 |
| North East Lincolnshire Care Trust Plus | 5.6 | 329 | Population-Based Sg2 IoC™ | 1,844 1,844 | 1,970 1,483 | 2,082 1,529 | £1,703,402 |
| Waltham Forest PCT | 6.4 | 311 | Population-Based Sg2 IoC™ | 1,994 1,994 | 2,040 1,556 | 2,208 1,647 | £1,698,415 |
| Stockton-On-Tees Teaching PCT | 6.1 | 291 | Population-Based Sg2 IoC™ | 1,774 1,774 | 1,956 1,484 | 2,108 1,563 | £1,648,243 |
| Redcar And Cleveland PCT | 6.1 | 287 | Population-Based Sg2 IoC™ | 1,754 1,754 | 1,877 1,417 | 1,993 1,468 | £1,608,879 |
| Blackburn With Darwen Teaching Care Trust Plus | 7.1 | 242 | Population-Based Sg2 IoC™ | 1,711 1,711 | 1,860 1,405 | 2,031 1,498 | £1,605,847 |
| Hounslow PCT | 5.9 | 293 | Population-Based Sg2 IoC™ | 1,722 1,722 | 1,846 1,406 | 1,976 1,471 | £1,537,704 |
| Newham PCT | 9.5 | 193 | Population-Based Sg2 IoC™ | 1,824 1,824 | 1,892 1,443 | 1,910 1,425 | £1,535,394 |
| Darlington PCT | 6.3 | 258 | Population-Based Sg2 IoC™ | 1,632 1,632 | 1,744 1,313 | 1,881 1,380 | £1,527,425 |
| Kingston PCT | 5.4 | 298 | Population-Based Sg2 IoC™ | 1,603 1,603 | 1,766 1,338 | 1,918 1,420 | £1,498,257 |
| Camden PCT | 7.3 | 217 | Population-Based Sg2 IoC™ | 1,584 1,584 | 1,677 1,272 | 1,760 1,303 | £1,415,118 |
| Haringey Teaching PCT | 7.1 | 213 | Population-Based Sg2 IoC™ | 1,520 1,520 | 1,567 1,185 | 1,687 1,247 | £1,352,131 |
| Hartlepool PCT | 5.3 | 280 | Population-Based Sg2 IoC™ | 1,473 1,473 | 1,590 1,210 | 1,734 1,291 | £1,346,432 |
| City And Hackney Teaching PCT | 8.3 | 166 | Population-Based Sg2 IoC™ | 1,373 1,373 | 1,440 1,101 | 1,523 1,140 | £1,182,694 |
| Middlesbrough PCT | 6.3 | 199 | Population-Based Sg2 IoC™ | 1,248 1,248 | 1,313 994 | 1,390 1,028 | £1,120,712 |
| Richmond And Twickenham PCT | 5.2 | 215 | Population-Based Sg2 IoC™ | 1,124 1,124 | 1,239 929 | 1,380 1,008 | £1,096,288 |
| Barking And Dagenham PCT | 5.6 | 237 | Population-Based Sg2 IoC™ | 1,338 1,338 | 1,274 971 | 1,359 1,013 | £1,063,205 |
| Islington PCT | 7.1 | 175 | Population-Based Sg2 IoC™ | 1,237 1,237 | 1,238 940 | 1,302 965 | £1,047,615 |
| Westminster PCT | 6.7 | 167 | Population-Based Sg2 IoC™ | 1,113 1,113 | 1,182 892 | 1,295 953 | £1,028,125 |
| Tower Hamlets PCT | 7.6 | 153 | Population-Based Sg2 IoC™ | 1,164 1,164 | 1,149 876 | 1,195 890 | £958,465 |

The Impact of Change in Primary Hip and Knee Replacement

Drivers of change including the 2011-12 best practice tariff on future bed days and savings, PCTs, cont.

| National Benchmarks | | | | | | | |
|----------------------------|--------------|----------------|------------------|---------------|---------------|---------------|---|
| 2009-10 ALOS | | | | | | | |
| 6.2 | | | | | | | |
| PCT | 2009-10 ALOS | 2009-10 Spells | Forecast Method | 2009 Bed Days | 2014 Bed Days | 2019 Bed Days | Cumulative 10-Year Savings [^] |
| Hammersmith And Fulham PCT | 6.9 | 150 | Population-Based | 1,036 | 1,041 | 1,065 | £908,096 |
| | | | Sg2 IoC™ | 1,036 | 783 | 782 | |
| Kensington And Chelsea PCT | 7.1 | 134 | Population-Based | 948 | 1,031 | 1,154 | £899,881 |
| | | | Sg2 IoC™ | 948 | 777 | 849 | |

SHAs= Strategic Health Authorities; ALOS = Average Length Of Stay; IoC™ = Impact of Change

Baseline figures for primary total hip and knee replacement utilisation are taken from the 2009-10 HES feed (the latest full year data set to be published). Baseline figures include all NHS-funded care, including that supplied by private providers.

For the purposes of illustrating a defined care pathway, the baseline utilisation for this forecast is derived by identifying spells defined by a dominant procedure OPCS-4 code related to primary hip or knee replacement and a primary diagnosis ICD-10 code related to osteoarthritis. For full forecast detail, please see the accompanying methodology documentation.

Sg2 understands that trusts will have access to more up-to-date data sources and we are happy to work with you to understand how individualised data sets influence the forecast output.

[^]Bed days savings are derived by calculating the annual differential between bed days as predicted by each of the population and Sg2 modeling strategies and multiplying this bed day difference by £400, an estimate of cost for a 24-hour stay on an NHS general or surgical ward. Cumulative bed days savings calculations sum the above annual calculations across 10 years.

Global Improvement Guide

Optimising Length of Stay for Total Joint Replacement Patients

Improvement Imperative

It has long been recognised that unnecessarily prolonged lengths of stay for total joint replacement (TJR) procedures compromise quality, increase risk of hospital acquired infection, and drive up costs. Additionally, as an ageing demographic increases demand for these procedures—procedure demand is forecasted to grow 18% over the next decade—financial constraints across the NHS will require providers to become more efficient in the use of existing capacity. As England's average length of stay (ALOS) for TJR is variable among providers and is higher than in many comparable health economies, care pathway optimisation should present a path to both improved quality and efficiency. An additional rationale for care pathway optimisation can be found in the new best practice tariff (BPT) for elective primary total hip and knee replacements introduced in the Payment by Results (PbR) Draft Guidance for 2011-12, which is designed to incentivise high quality, cost effective care. For those considering pathway optimisation work, keep in mind:

- Variability in ALOS across providers in England suggests room for improvement.
- High ALOS often results from process and communication breakdowns across the care pathway.
- Utilisation of standardised pathways will improve patient experience and satisfaction, reduce lengths of stay and shorten the post-operative rehabilitation period.
- The ability to achieve safe and less than 3-day stays for select TJR patients suggests that, with proper pain management and post-discharge support, trims beyond current national ALOS are possible without compromising quality.

Using This Guide

- p 1 The Improvement Imperative
- p 2 Evaluating Improvement Options
- p 2-3 Planning for Change: Options In-Depth
- p 4 Considerations and Resources

| TJR LOS | Standard Performer* | Top Performer |
|---------------|---------------------|---------------|
| England | 5.0 days | 4.0 days |
| United States | 3.8 days | <3.1 days |

Note: Statistics include private providers caring for NHS-funded patients. Standard Performer indicates the median hospital (mean = 6.2 days); Top Performers include those at the 90th percentile or higher. Sources: Hospital Episode Statistics (HES), The NHS Information Centre for Health and Social Care, 2009-10; Sg2 INSIGHT database, 2010; Sg2 Analysis 2011.

| TJR Care Provider | % Pts (2009) | THR ALOS (2003-09) | TKR ALOS (2003-09) |
|-------------------|--------------|--------------------|--------------------|
| NHS Hospital | 66.0% | 7.3 days | 6.9 days |
| NHS Centre | 5.3% | 5.8 days | 5.9 days |
| Private Hospital | 23.6% | 4.9 days | 4.9 days |
| Private Centre | 5.2% | 4.5 days | 4.4 days |

THR = total hip replacement; TKR = total knee replacement.

Note: The ALOS of patients in treatment centres and independent hospitals remain shorter than those treated in NHS hospitals, even after adjustment for age, gender, physical status, prosthesis type and country based on National Joint Registry data for 2009.

Sources: National Joint Registry Annual Report 2010; Sg2 Analysis 2011.

Key Areas of Focus in TJR Care Pathway Optimisation

Optimal performance requires connections across the care pathway. The four, key aspects of good clinical pathways as described in the 2011-12 BPT for primary total hip and knee replacements include:

Pre-Operative Assessment

- including patient education, planning and preparation before admission

Structured Peri- and Post-Operative Care

- including pain relief management

Early Supervised Mobilisation

- as well as safe discharge

Access to Post-Discharge Support

- including clinical advice and outreach rehabilitation

Improvement Options

| Option | Overview | Implementation Indicators |
|--|--|--|
| Manage Patient Expectations During the Pre-Operative Stage | <p>Rationale: Lack of clear, consistent communication with patients about the recovery timetable can hinder timely discharge.</p> <p>Actions:</p> <ul style="list-style-type: none"> Set realistic patient expectations, educate patients about necessary home preparations, set mobility and discharge goals, and ensure informed decision-making. Optimise a patient's pre-surgical condition and identify peri-operative risks. Plan to admit patients on the day of surgery, conduct pre-operative discharge planning and highlight well ahead of admission any special needs that can be proactively managed. Familiarise patients with post-operative exercises and care plans; assess patient rehabilitation needs and arrange for equipment to be delivered to patient's home pre-admission. | Cost: ■ Time: ■ Culture: ■ Impact: ■■ |
| Structure Peri- and Post-Operative Management | <p>Rationale: Variability in care practices leads to inefficiency and increases the risk of errors.</p> <p>Actions:</p> <ul style="list-style-type: none"> Develop standardised care paths for anaesthesia and educate staff about the process. Establish an education plan for new staff. Evaluate and optimise surgical techniques. | Cost: ■ Time: ■ Culture: ■■ Impact: ■■■ |
| Provide Early Supervised Mobilisation and Safe Discharge | <p>Rationale: Early mobilisation can reduce hospital stay and have a positive impact on patient motivation to return to wellness.</p> <p>Actions:</p> <ul style="list-style-type: none"> Establish a process for pre-operative mobilisation planning. Ensure multi-disciplinary teams are in place to optimise nutrition, hydration, pain control and plans for early mobilisation—preferably within 24 hours of surgery. Remove catheters as soon as possible following surgery. | Cost: ■ Time: ■ Culture: ■ Impact: ■■■ |
| Offer Structured Plans for Access to Clinical Advice and Support Post-Discharge | <p>Rationale: Lack of patient communication and poorly integrated post-discharge and patient recovery planning can prolong length of stay and negatively impact outcomes.</p> <p>Actions:</p> <ul style="list-style-type: none"> Create mechanisms to identify and prepare patients for individualised levels of post-operative training and support. Provide a structured pathway to follow-up support and advice. | Cost: ■ Time: ■ Culture: ■■ Impact: ■■■ |

Indicators Key

Cost (facility, technology, staff): ■ = ≤£100K; ■■ = £100K-£500K; ■■■ = £500K+

Time: ■ = 0-6 months; ■■ = 6-18 months; ■■■ = 18+ months

Culture (organisation-wide change management): ■ = limited; ■■ = moderate; ■■■ = significant

Impact: ■ = limited; ■■ = moderate; ■■■ = significant

Shaded options indicate in-depth action plans provided on the following page.

Options: In-depth

Manage Patient Expectations During the Pre-Operative Stage

| Actions | Implementation Steps |
|--|---|
| Set Realistic Patient Expectations | <ul style="list-style-type: none"> ▪ Educate patients about what to expect leading up to and following surgery. <ul style="list-style-type: none"> ▪ Consider hosting elective orthopaedic pre-admission information sessions open to patients, relatives and carers. ▪ Consider organising a joint school, designed to deliver group-based, in-depth education to patients on facets of the care pathway delivered by nurses, physiotherapists, occupational therapists, surgeons and/or anaesthetists. ▪ Set patient-tailored goals related to mobility and discharge. For example: <ul style="list-style-type: none"> ▪ “On the day of surgery, you will bear weight with assistance from the physical therapist.” ▪ “You will go home on day 3 unless an unforeseen reason necessitates a longer hospital stay.” ▪ Provide a clear to-do list for patients to follow when preparing their home. <ul style="list-style-type: none"> ▪ The list should include directions to line up a friend or family member to stay with them for at least the first few days post-discharge. |
| Optimise Pre-Surgical Condition and Identify Peri-Operative Risks | <ul style="list-style-type: none"> ▪ Ensure a robust pre-operative assessment and communicate an estimate of individualised risk to patients. <ul style="list-style-type: none"> ▪ Leverage simple tools, such as the South Devon Healthcare NHS Trust “traffic light” assessment which pre-operatively triages patients based on risk factors related to elective hip and knee replacement assessment. (See resources section, last page.) |
| Familiarise Patients with Post-Op Exercises | <ul style="list-style-type: none"> ▪ Encourage patients to begin rehab exercises before surgery to gain strength/flexibility and to develop a routine. ▪ Provide adaptive equipment to patients during pre-operative education classes so they can practice at home prior to surgery. ▪ Deliver and install rehabilitation equipment to the home pre-hospitalisation. |

Offer Structured Plans for Access to Clinical Advice and Support Post-Discharge

| Actions | Implementation Steps |
|---|---|
| Create Mechanisms to Identify, Prepare and Support | <ul style="list-style-type: none"> ▪ Revisit pre-operative discharge plans and ensure any special needs affecting a patient's continued care outside of the hospital environment have been, and will continue to be, managed. |
| Provide a Structured Pathway to Follow-up Support and Advice | <ul style="list-style-type: none"> ▪ Keep open communication with GPs, community nurses and social care to ensure continued care, education and on-going therapy are seamless. ▪ Ensure clinical care teams across the continuum are aware of communication channels available for advice and guidance. ▪ Consider a 24-hour helpline staffed by ward or community nurses, and/or offer calls to patients at pre-scheduled intervals following discharge. ▪ Explore collaborative community-based partnerships for follow-up support. <ul style="list-style-type: none"> ▪ Consider turnkey enhanced supported discharge models such as those provided by Healthcare at Home Ltd. |

Leadership Considerations

- The organisation's leaders and key stakeholders must approach efforts to optimise length of stay as a means of elevating clinical quality and improving the patient experience. Providing evidence of how care pathway optimisation provides a high quality service for patients will help ensure stakeholder commitment.
- Care pathway optimisation and resulting length of stay reductions will be the result of joined-up working practices led by a coordinated, multi-disciplinary team. Secure and engage key members:
 - Executive leadership, whose support drives progress and whose visibility on the short- and long-term implications of care pathway optimisation, is critical. Service and management leadership will also play a strong supportive role.
 - Physicians and clinical staff must be involved from the beginning in any efforts to standardise and improve care processes. Surgeons, anaesthetists, GPs, nurses, ward staff, junior doctors, physiotherapists, dieticians, and pharmacists all have roles in the process; many successful redesign efforts have clinical staff champion the process.
 - Local community health teams, including social services, ambulance services, primary care, and other health and social care partnerships must be integrated. Develop a shared understanding of roles within the care pathway, and engage commissioners in conversations to secure local post-discharge support.
 - As always, patients provide valuable insight and should be an active part of redesign efforts.
- Understanding your current pathway is the first step to pathway redesign. Once this understanding is achieved, conduct gap analyses to identify and prioritise the areas most in need of optimisation efforts.
- Set goals and repeatedly measure progress. Data on length of stay variation provide a good starting point to objectively assess current processes. Incorporating patient experience measures (including clinical outcomes, return to normal rate, and related patient reported outcome measures (PROMs)), readmission rates and compliance measures with specific facets of the care pathway will ensure that length of stay reductions are not gained through reductions in care quality.
- Ensure sustainability through continued data review and team communication.

Operational Considerations

- Length of stay solutions offered in this guide are accessible to providers willing to optimise a pathway which crosses the entire care continuum. Consider a facilitator or coordinator role to take ownership of ongoing management of the breadth and depth of work ahead.
- Visit recognised centres of excellence to learn and avoid common pitfalls during implementation.
- High-volume programmes will face additional challenges related to weekend care and discharge.
 - Physical therapy and nurse staffing levels need to be adequate to support patients who remain over the weekend.
 - Communication between the primary consultant and on-call consultants should be addressed to prevent prolonged stay in the hospital.
 - Agreed-upon home care and transfer processes should have provisions for weekend discharge/transfer.

Resources

Related Sg2 Resources

- [Innovations Review: Rapid Recovery Total Joint Programs](#). May 2009
- Service Kit for Primary Hip and Knee Care Pathway Redesign. February 2011

Other Resources

- The British Orthopedic Association's guides to good practice
- The NHS Institute's report: *Focus on: Primary Hip and Knee Replacement*
- The Enhanced Recovery Programme (including the "Traffic Tool")
- Map of Medicine
- Healthcare at Home Ltd's *Hospital Care at Home*, February 2010

Global Practice Summary

Bringing You Good Ideas from Around the World

Musgrave Park Hospital—Belfast, Northern Ireland, UK

February 2011

Efficient Surgical Process Increases TJR Throughput

Improvement Initiative

An expanding and active elderly population demanding timely, safe and effective orthopaedic care is putting pressure on health care organisations to provide high-quality and efficient orthopaedic services. Standardising the total joint replacement (TJR) process, while focusing on improving operating theatre utilisation, can reduce length of stay (LOS), increase volumes, improve patient outcomes and reduce costs.

Musgrave Park Hospital (MPH) in Belfast, Northern Ireland, with nearly 2,500 TJRs annually, has one of the most productive routine elective primary joint programmes in Europe. More than 1,500 TJRs are performed in just one of the programme's units annually, with an average LOS of 3 days for total hip replacements (THRs) and total knee replacements (TKRs). The highly active unit specialises in THRs and TKRs, with 2 orthopaedic consultant surgeons being responsible for two thirds of all TJRs performed throughout the programme. High throughput is achieved by optimising operating theatre resources combined with an established rapid recovery programme.

Programme Components

Focusing on patient selection and rapid discharge optimises inpatient care. Efficient care characterises the entire care pathway. The following are key enablers of efficiency and high-operating theatre throughput:

- Patient selection reduces surgical complications. Patients are triaged in the community by a general practitioner (GP) and physiotherapist who have been trained in identifying appropriate orthopaedic referrals. Referred patients are then examined individually by orthopaedic surgeons.
- During the pre-operative assessment, referred patients are examined by either the consultant or anaesthetic nurse specialist using detailed proformas. Patients that are unfit for surgery (eg, patients with low haemoglobin levels) are referred back to their GPs with medical advice and specific targets to qualify for future TJR.
- Patient education about surgery, peri-operative care and post-operative rehabilitation takes place during individual pre-operative assessment classes delivered by a dedicated nurse, a physiotherapist and a member of the anaesthetics team.

Musgrave Park Hospital Snapshot

- Regional specialist hospital
- Orthopaedic unit created in 1947
- 38 orthopaedic consultant surgeons
- 120 orthopaedic inpatient beds
- 8 dedicated laminar flow theatres

- On the day of surgery, the surgical coordinator is responsible for allocating patients to specific theatre lists and for identifying and contacting patients to replace cancellations. For same-day cancellations, the surgical schedule is moved forward to maximise operating theatre utilisation. Replacement criteria focus on post-operative care requirements rather than the actual surgical procedure, which avoids disruptions to post-operative care preparations.
- Optimised and standardised anaesthetics and pain management protocols ensure rapid mobilisation and post-op recovery.¹
- Rapid recovery and physiotherapy start on the first post-operative day. Patients are mobilised full weight-bearing and functionally assessed with a focus on being discharged once they are capable of independently moving with crutches or a frame. Gait education is provided both pre-op and during rapid recovery. Once discharged, patients are advised to gradually progress to one and eventually no help from aids as mobility improves. Outpatient physiotherapy is not generally prescribed. Discharged patients have access to a dedicated telephone helpline directly to the unit. Staff members follow up by phone at 5 days to evaluate pain and swelling, and outcomes are measured in post-operative reviews at 6 weeks for THRs, 3 months for TKRs and 1 year and 10 years for both.

Implementation Considerations

High throughput relies on sufficient capacity and smart use of resources. Adequate capacity and resources to focus on routine elective TJR in selected patients are essential in achieving high throughput. Disruptions due to capacity restraints or unplanned trauma cases are avoided since the unit is entirely dedicated to elective cases. The work flow for TJR surgical team members is as follows:

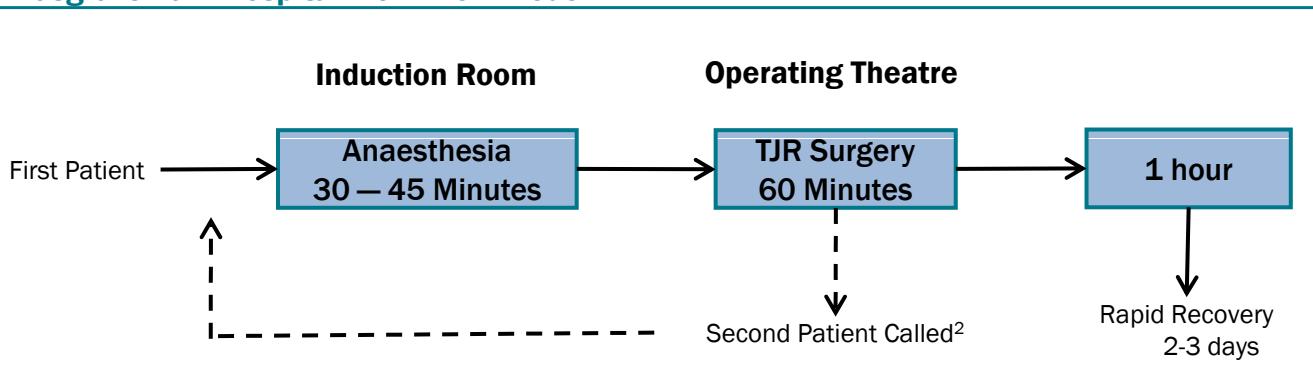
- The availability of implants is checked by the surgical coordinator before surgery to avoid delays. All implants used during the shift are kept in an adjacent storage area.
- The patient is prepared 30 minutes before the first operation in an induction room adjacent to the operating theatre by the anaesthetists in charge.
- Once the patient is transferred into the operating theatre, the induction team will call the next patient for anaesthesia induction.
- Within the operating theatre, the surgeon and team members stand by to immediately start surgery. Time-outs before knife-to-skin contact ensure that errors are minimised.
- Post surgery, the patient is transferred to an adjacent recovery room. While the operating theatre is cleaned up, the surgical coordinator positions the next patient in the induction room and the team prepares for the next surgery. Once the cleanup is finished, the second patient is moved into the operating theatre. The average patient turnover time is 10 minutes².
- After recovery, 70% of patients are transported back to the ward for an overnight stay before starting with the rapid recovery programme the following day.

Performance measurement and transparency drive focused technology adoption. Surgical procedures are rigorously tested through meticulous performance measurement by a dedicated outcomes team, which includes a consultant surgeon, nursing staff members and physiotherapists. Process and technology innovations are only adopted when superior clinical, operational and financial benefits have been demonstrated.

Performance results and findings from randomised and blinded studies are published in peer-reviewed journals each year. Surgeon outcomes data are shared with patients during the pre-operative session when complication rates and risks are explained and consent is obtained. The outcomes team is responsible for performance measurement and patient satisfaction surveys that are distributed at the pre-operative stage and at the post-operative 1-year and 10-year follow-up sessions.

An orthopaedic-specific hospital information system initially developed to manage the orthopaedic waiting list has been pivotal for Musgrave Park Hospital performance measurement. The information system provides a user-friendly system with information on patient referrals and past procedures, arrival times, anaesthetics that were administered, imaging results, clinical outcomes and prosthesis stock information. The system is used to track patients, print theatre lists, ensure that cancellations are replaced and measure surgical performance.

Musgrave Park Hospital Work Flow Model



Key Outcomes

- For THRs, 76% of patients are discharged with a LOS of 3 days or less.
- For TKRs, 72% of patients are discharged with a LOS of 3 days or less.
- A study comparing THR at MPH with 2 NHS TJR units suggest that implementing a rapid discharge programme can improve operating efficiency, lower length of stay and reduce costs without impaired patient outcomes³:
 - Average duration of the THR surgery (59 minutes) was 33-45% shorter than in the 2 NHS TJR units representing 29-48 minutes saved per THR.
 - Post-operative length of stay was 3 days compared to 5-6 days.
 - Estimated costs per THR patients were 3-18% lower translating into savings of £161-1,061 per THR patient.

Transferable Learnings

- Communicate discharge expectations to patients and all hospital staff and identify a clinician champion to run and oversee the rapid discharge programme.
- Build patient expectations during individual pre-operative assessment classes by explaining the patient care pathway from hospital admission, surgery, peri-operative care to post-operative rehabilitation.
- Assign a surgical coordinator responsible for allocating patients to operating theatre lists and for identifying and contacting patients to replace cancellations.
- Educate GPs and community physiotherapist in triaging patients and in identifying appropriate orthopaedic referrals prior to consultations individually by the orthopaedic surgeons.
- Use detailed proformas to select patients that are fit for surgery and refer unfit patients to their GPs with medical advice and specific targets to qualify for future TJRs.
- Standardised anaesthetics and pain management protocols for optimal post-op recovery and consider scheduling the anaesthetics team to the same orthopaedic surgeon from pre-op evaluation to post-op pain management.
- Measure and communicate performance by setting up an outcomes team responsible for outcomes measurement and regular and timely reporting to all stakeholders.

1. Spinal anaesthetic (bupivacaine) with intravenous sedatives (midazolam or propofol) is most commonly used intra-operatively. Post-operative analgesics include patient-controlled opiates (morphine) during the first 12 hours and selected oral analgesics (tramadol or codeine/ paracetamol) every subsequent and alternating 3 hours.

2. Typical average turnover time is 10 minutes during the 8-hour work shift (8.00 am–12.30 pm and 2.00–5.30 pm).

3. Patient outcomes were assessed pre-operatively and six weeks post-operatively. The Oxford Hip Score at MPH decreased by 22 units (from 49 to 27) and by 10 (from 40 to 30) and 16 (from 43 in the 27 units in the 2 NHS TJR units).

Sources: Sg2 interview with consultant orthopaedic surgeon Mr David Beverland and the Orthopaedics Outcomes team and site visit at Musgrave Park Hospital, 2009; Hunt GR et al. *Clin Rehabil.* 2009;23(12):1067-77; Mockford BJ et al. *J Arthroplasty* 2008;23(8):1110-1114; Ogonda L et al. *J Bone Joint Surg Am* 2005;87(4):701-710; Mangan JL et al. *Qual Health Care* 1992;1(1):34-37; Beverland DE et al. *Health Serv Manage* 1989;85(6):270-272.

realise the impact of change

Sg2 provides expert-led, future-focused systems for growth and clinical performance. Our advanced analytics, business intelligence, education and publications deliver measurable value across the full continuum of health care services.

Case Study

Continuous Clinical and Strategic Assessment Improves Orthopaedic Services Delivery

Client

A 500-bed district general hospital that serves more than 270,000 people in the south west of England.

Client Challenge

Demand for orthopaedic procedures was expected to increase, owing to an ageing demographic and growing general practitioner (GP) referral rates. Being the major provider of orthopaedic services in the region, the client wanted to ensure that its orthopaedic services were progressive in the types of technologies, procedures and care protocols offered to patients.

Sg2 Approach

In 2007, the client asked Sg2 to develop key strategies for three areas within orthopaedics (joint replacement, trauma/fracture and sports medicine) that would increase patient throughput and improve service provision. Sg2 provided a current state assessment based on a number of a face to face interviews led by Sg2's orthopaedics expert with surgeons, theatre and ward nurses, physiotherapists and managers. In addition, Sg2's detailed Orthopaedics STEP™ survey was completed to provide an overview of the level of innovation in the orthopaedics department. Sg2's international presence and experience in working with hospitals in the United States also enabled us to benchmark the client's operational and clinical performance with that of leading organisations within the field.

Solution

Sg2 conducted a care pathway analysis for the total joint replacement (TJR) programme, customised a technology adoption road map and made recommendations to ensure continued programme differentiation and success. A central recommendation was the implementation of a rapid recovery programme for TJR as a means to improve outcomes and reduce average length of stay (ALOS). Key components of the programme included:

- A "patient optimisation" process in partnership with GPs to ensure patients are willing and fit for surgery prior to admission.
- A one-stop clinic for patient pre-assessment, education and expectation management which takes place 2-3 weeks before surgery.
- Comprehensive pain management and standardised pain control for administering regional anaesthesia.
- Nurse-led discharge planning process that begins during the pre-assessment phase and is conducted by a multidisciplinary team. This ensures patients have the required tools and medications for discharge.
- Rapid mobilisation and rehabilitation initiated a day after surgery in a specially created gymnasium in the hospital ward. Outpatient rehabilitation occurs at a centre near a patient's home.
- Post-discharge care programme which consists of a nurse-led community outreach team accessible 24 hours a day for 10 days post discharge via a direct phone number. All patients receive a follow up call a day after discharge to discuss possible complications regarding pain control and wound management.

Measurable Results

The TJR programme was implemented within 2 months of the project's completion. The clinician champion and programme director worked together with the various stakeholders to implement the proposed changes to each step of the care pathway. After 8 months following implementation of the rapid recovery programme, the trust achieved median LOS reductions from 5 to 3 days for knee replacements and 6 to 4 days for hip replacements. These resulted in estimated savings of 638 hospital days (about £223,330 based on £350/night, excluding treatment costs). As a consequence, during the first 12 months, the trust significantly improved throughput by performing an additional 200 TJR operations within the existing bed base. Initial audit results show that 60% of patients are now mobilised in less than 24 hours post-operation.

February 2011

The Value of Sg2



Who We Are

Sg2 is a global, future-focused health care intelligence and solutions firm. Sg2 provides comprehensive, integrated systems that utilise advanced analytics and health care experts to improve performance and maximise clinical effectiveness. Sg2 has a unique model that combines deep clinical and care delivery expertise with actionable strategic insight to help NHS organisations make informed business decisions.

Sg2's team includes clinicians, PhDs, nurse executives and health care leaders with extensive strategic, operational, clinical, academic, technological and financial experience. NHS clients include Strategic Health Authorities, Primary Care Trusts, Acute Trusts, Foundation Trusts, and national-level organisations.

In the context of the impending changes in health policy in the UK and the need for efficiency savings and quality improvement, Sg2's clinically grounded and analytical approach has enabled our NHS clients to:

- Increase care coordination and clinical quality by providing actionable and cost-effective strategies to move care to the community
- Better prepare for future changes in clinical services by using our vetted, expert-led analytics and forecasting solutions
- Adopt innovative care delivery models informed by our global experience to meet clinical, operational and strategic goals

Systems of Care Focus

As health care services around the world begin to shift from the acute to the community setting, optimal performance requires seamless coordination, integration and management of diseases across all sites of care. Throughout the world, Sg2's solutions have been based on analysing the whole system of care—from the patient, to the general practitioner and community provider, to the secondary and tertiary care hospitals and rehabilitation centre—to identify opportunities for performance improvement and quality advancement.

Who Partners With Sg2?

Sg2 has provided solutions and guidance to more than 1,200 organisations in 10 countries.

Asia/Australia

Bumrungrad International Hospital, Thailand
Department of Health Victoria, Australia
Queensland Health, Australia
Sunway Medical Centre, Malaysia
Western Australia Department of Health

North America

Duke University Health System, US
Johns Hopkins Health System, US
Mayo Clinic, US
NewYork-Presbyterian Healthcare System, US
Partners HealthCare System, US

Middle East

Hamad Medical Corporation, Qatar
Sidra Medical and Research Center, Qatar

United Kingdom

Imperial College Healthcare NHS Trust
NHS Central Lancashire
NHS Halton and St Helens
NHS North West
Royal Brompton & Harefield NHS Foundation Trust
South Devon Healthcare NHS Foundation Trust
University Hospitals Bristol NHS Foundation Trust
University Hospitals Coventry and Warwickshire NHS Trust

Worldwide

GE Healthcare
Philips Medical Systems
Toshiba Medical Systems Corporation

The Value of Sg2

Sg2 Solutions for the NHS

- **Clinical Pathway Optimisation** utilises Sg2's clinical expertise, analytics and knowledge of international leading practices. Sg2 analyses the current clinical pathway across the care continuum in specific health economies and identifies gaps and opportunities for optimising the linkages between primary and secondary care, improving care quality and efficiency, and increasing patient satisfaction and outcomes.
- **Analytical Solutions** based on Sg2's proprietary tools help organisations analyse their current performance, identify improvement and cost-saving opportunities, and understand future demand for NHS services and the impact of selected interventions on quality and efficiency. Sg2's analytics have been vetted by our expert team and have been used by many leading health care organisations across the world to support their long-term strategic goals.
- **Clinical Strategic Planning** provides a framework for creating forward-thinking plans for clinical services and building consensus between clinicians, managers and commissioners around a common vision. This is drawn from Sg2's experience in clinical engagement and international health care delivery.
- **Memberships** allow clients to have unlimited access to Sg2 expertise and research on global leading practices. The membership includes real-time interaction with Sg2 experts and an extensive library of reports that analyse clinical advancements and care delivery innovations. Sg2's research and expertise span 10 countries and the major clinical disciplines, including cancer, cardiovascular services, neurosciences, orthopaedics, paediatrics and diagnostic services.

How Is Sg2 Different?

Sg2 is future-focused.

Sg2 continuously scans the health care horizon to anticipate the demographic, technological, clinical and policy changes that will transform hospitals and health care systems.

Sg2 is expert-led.

Sg2 is the only firm that integrates expertise grounded in the major clinical disciplines into its work with clients to support critical decision making and uncover challenges and opportunities.

Sg2 is data-driven and action-oriented.

All of Sg2's solutions provide the powerful combination of expert insight and proprietary analytical tools to inform decision making for today and tomorrow.

Sg2 is global.

Sg2's international business based in London includes work with leading organisations in more than 10 countries around the world, including the United Kingdom, Hong Kong, Thailand, Australia, Qatar and the US.

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